



EdUpdate

Washington University School of Medicine
Office of Education

Issue 67, November 2023

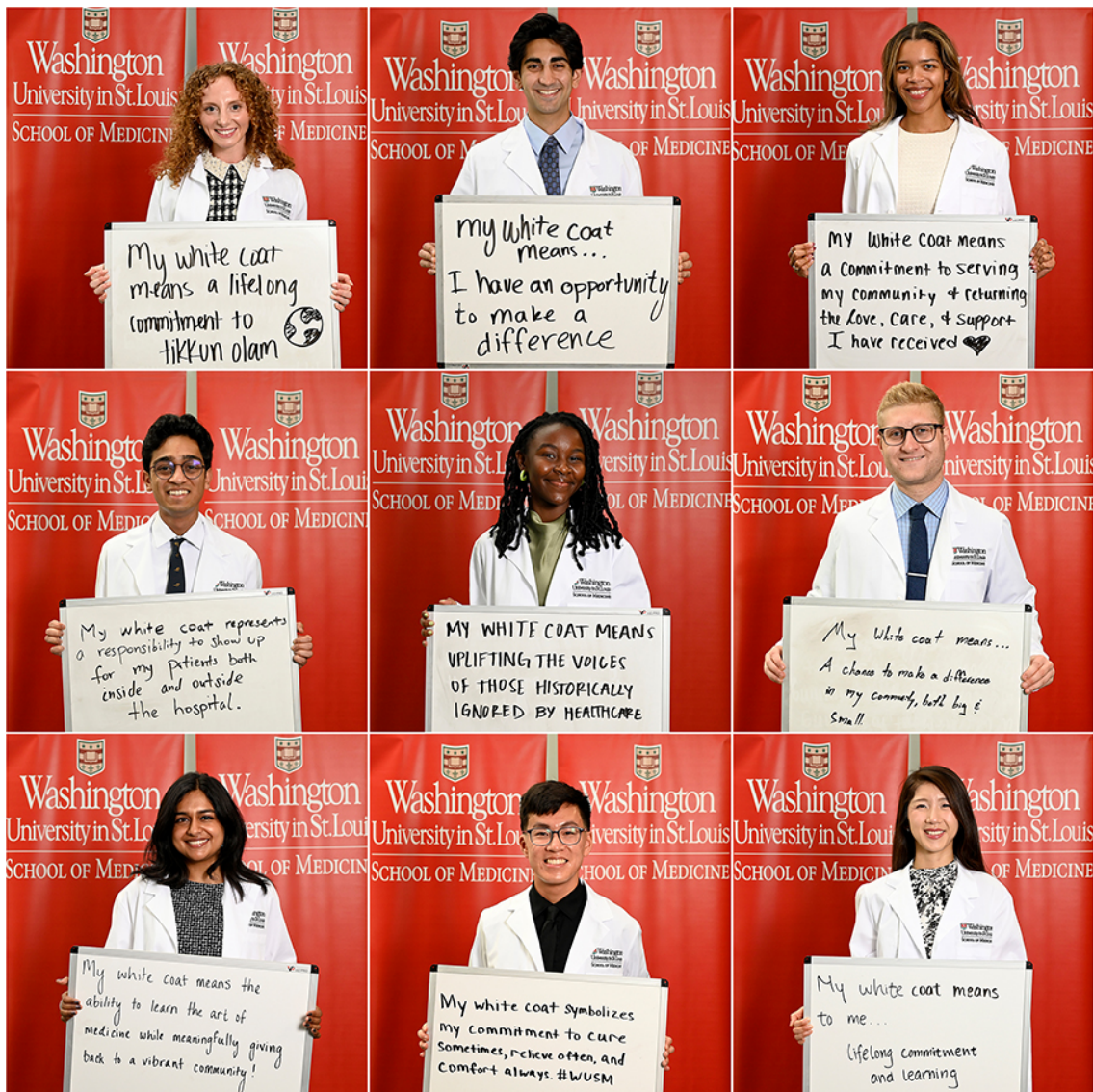
Eva's Excerpt



I have been struggling to sleep the last several weeks. I fall asleep fine – generally tired out by the events of the day, but I wake up a few times each night and then drag myself out of bed at 5 AM to start the day. I notice I am not as patient as I could be and not as kind. That's not usual for me. I think it's because of recent and ongoing events – the war in Israel, the humanitarian crisis in Gaza, the mass shooting in Maine, the lack of civil discourse in the country and world... to name just a few of the many things on my mind. It makes me scared for the future, and sometimes leaves me feeling paralyzed as to what I can do, if anything, to be of help. [Full excerpt.](#)

Important Updates

First-Year Medical Students Receive White Coats



124 first year medical students received their white coats in October. Collectively known as the entering class of 2023, this class is comprised of 62 men and 62 women. They come from 31 states, eight countries, and 52 undergraduate institutions. “My white coat means the achievement of a childhood dream three decades in the making and the opportunity to increase diversity within medicine by increasing representation, mentorship and education, and improving health equity and justice,” said first-year student Nicholas Speller. [Full story.](#)

Announcements

Dwiggins Appointed New Women's and LGBTQIA+ Thread Lead



Maggie Dwiggins, MD and Assistant Professor of Obstetrics and Gynecology has been appointed the new Women's and LGBTQIA+ Thread Leader for the Gateway Curriculum. Dr. Dwiggins specialized in pediatric and adolescent gynecology and LGBTQIA+ health. She will shepherd the Women's & LGBTQIA+ curricular content across the three phases of the curriculum, including substantial contributions to the Metabolism and Reproduction module. "We are extremely excited to have her join the medical student education team," said Dr. Tom De Fer.

Events

Center for Health and Science Communications Hosts Storytelling Event



Date: November 15, 2023, 4:30-6:30pm

Location: Becker Library

To tell great stories, we must first know what stories we have to tell. Join the Center for Health and Science Communications for The Story Within, a primer for uncovering and sharing your personal narrative. During this two-hour interactive workshop, **Campfire** will guide attendees through identifying their story and the essential elements of telling it. Pizza and drinks will be provided. All are welcome; registration is required. Please contact Mychal Voorhees at mychal.voorhees@wustl.edu with questions. [Register here.](#)

Save the Date: iTeach Conference Returns January 10th, 2024



The Center for Teaching and Learning and our partners from University Libraries, the Office of the Provost, and Arts & Sciences Computing are reviving the popular iTeach Conference. This one-day conference will be held in the Brown School's Hillman Hall on the Danforth Campus. In 2018, this conference drew over 200 faculty and instructional staff from all schools at the University for cross-disciplinary discussions on teaching and teaching-related research. This conference is an opportunity to reconnect with colleagues from other schools, programs, and departments and to rediscover innovative approaches to teaching and learning. Registration opens November 17th. [Register here.](#)

CIPE Fall Workshop Offerings



Maximizing Progression Through Interprofessional Team Support

Date: Monday, November 13th, 12-1pm (BYO lunch & learn)

Location: Virtual

Learn about the power of interprofessional support in the context of a pediatric neuro-critical care follow-up program and a brain injury clubhouse. Gain practical strategies for fostering interprofessional teamwork and promoting the progression of individuals with neurological challenges. [Register here.](#)

IPE 201

Date: Thursday, November 30th, 10-11:30am

Location: Virtual

You are the facilitator for an interprofessional team of learners in the classroom/clinical setting. Facilitators will be challenged to determine how to help the learner group function most efficiently and effectively. Each role-playing scenario will be debriefed to discuss challenges. [Register here.](#)

IPE 101

Friday, December 1st, 9am - 3pm

Location: Virtual

Learn about the IPE competencies and the emerging CIPE longitudinal curriculum through simulation, role-play, and videos. Gain knowledge about implicit bias, the stereotypes of

professions, and the culture of teams, while practicing facilitation and debriefing skills. [Register here.](#)

Academy Corner

Academy of Educators Hosts Record Education Day Attendance



The Academy of Educators hosted Education Day 2023 on October 10th. A record 150 medical professionals were in attendance for the day of learning centered around adapting to today's learner. The day, which included eight round table discussions and three workshops, began with a welcome from the Academy's Director Dr. Abby Spencer. Dr. Stuart Slavin gave the keynote, 16 new members were inducted, 29 posters were exhibited, and eight members were honored with awards. **Education Day 2024 will be held on October 15th.** [Full Story.](#)

Connect with the Academy of Educators



The Academy of Educators leadership team frequently presents at department meetings about who the Academy serves and what we offer in educator development. Academy members also regularly present content specific sessions to departments with recent topics including mitigating bias in assessment and feedback best practices. We welcome the opportunity to speak with your faculty about the Academy or other mutually agreed upon topics. Please submit workshop/session requests [here](#) and program (topics/ideas) suggestions [here](#). **For additional Academy news and celebrations, please visit the [news](#) section of the Academy of Educators [website](#).**

Academy Workshop Offerings

Mentorship Best Practices

Dates: November 9, and December 11, 12:30-2pm

Location: Mid Campus Center, [Register Here](#)



Overview: Discuss best practices, skill building, culturally responsive mentorship, and mentorship challenges. The series is geared towards clinical faculty who work with learners, and we welcome a diversity of experiences. A certificate of completion is offered to those who attend all 3 workshops. Please contact the Academy of Educators with questions at academyofeducators@wustl.edu.

Good News

Clanahan Completes Tenure as MACRAO President



Mary Clanahan, WUSM Assistant Registrar, recently concluded her tenure as President of MACRAO (Missouri Association of Collegiate Registrars and Admissions Officers). As President, she moderated quarterly Executive Board meetings, conducted town halls, led the idea-palooza session for the annual conference, organized the 2023 MACRAO dinner at AACRAO, and represented MACRAO at the AACRAO Annual Meeting. Her proudest accomplishment was leading the initiative and accomplishing the task of moving MACRAO's long standing, yet out of date LISTSERV to a web-based platform, MemberClicks.

“Being able to be involved on MACRAO has allowed me to grow

both personally and professionally. The knowledge that is gleaned from the connections with the association and its members has been rewarding. I am grateful to my leaders for affording me and encouraging me to participate in the Association. Even as I transitioned to Washington University last year, my manager Mike Donlan was very supportive of my continued participation on the Executive Board,” said Clanahan.

Clanahan has been a MACRAO member since 2014. Her involvement with MACRAO began by presenting at annual conferences. In 2018-19 she became a co-chair of the New Member Committee. She then joined the Executive Board serving as Vice President for Membership and Outreach from 2019 – 2021. She was elected President Elect from 2021-2022 and then served as President this past year. She will complete her tenure on the Board from 2023-2024 as the Past President.

Congratulations Dr. Abby Spencer

Spencer Receives 2024 APDIM Award

Abby Spencer, MD, MS, FACP has received the 2024 APDIM Dema C. Daley Founders Award. This award honors a member of the internal medicine community recognized nationally as an educator, innovator, and leader and recognizes a member’s outstanding contributions to academic internal medicine and their role in assisting to achieve the organization’s mission.



Spencer Elected to AMWA Board of Directors

Abby Spencer, MD, MS, FACP has been elected to the American Medical Women’s Association (AMWA) Board of Directors for a two-year term beginning March 2024. Dr. Spencer will contribute meaningfully to AMWA's mission of advancing women in medicine, advocating for equity, and ensuring excellence in health care; as well as advancing its vision of a healthier world where women physicians achieve equity in the medical profession and realize their full potential.

Grajo Earns Distinguished Alumni Award



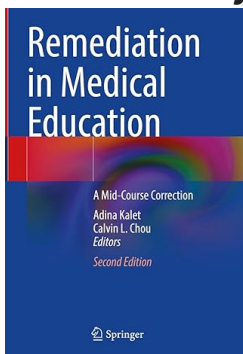
Lenin Grajo, PhD, OTR/L has earned the University of the Philippines Manila Alumni Association's 2023 Distinguished Alumni Award. This award recognizes his achievements as an international leader, educator, researcher, and pediatric occupational therapist as well as his outstanding contributions to supporting capacity for research of occupational therapists in the Philippines and the university. [Full story.](#)

Barco Earns ADED's Scholar Award



Peggy Barco, OTD, OTR/L, SCDCM, SCRS, FAOTA has earned the National Association of Driver Rehabilitation Specialists' 2023 Scholar Award. This award recognizes outstanding scholarly achievement in driver evaluation, education, research and engineering. [Full story.](#)

WUSM Faculty Contribute to Remediation Book



WUSM faculty members Becky McAlister, MD, Erica Traxel, MD, Paul Wise, MD, Andy White, MD, and Eva Aagaard, MD, contributed a chapter about Graduate Medical Education to the newly updated book, [Remediation in Medical Education](#). The book is available for purchase [here with a 10% discount](#). Most of the proceeds will go to the Academy of Communication in Healthcare and the Arnold P. Gold Foundation.

Koboldt Welcomes Baby Rigby



We are pleased to announce that Quinn Koboldt (Executive Assistant, Office of Education) and her family have welcomed a new bundle of joy into their lives! Baby Rigby was born on August 8th at 7 lbs and 7 oz, and we are overjoyed to report that both Quinn and Rigby are recuperating well. This is a special time for the family, and we wish to congratulate them wholeheartedly. Welcome Baby Rigby!

Daley Completes Chicago Marathon



On October 8th, Brooke Daley, Manager of Financial Operations for the Office of Education, completed the Chicago marathon with a time of 4:57. “It was an amazing experience for it being my first marathon. Running through 29 Chicago neighborhoods with 48,000 people was much easier than the 18-week training plan,” said Brooke. Congratulations Brooke!

WUSM Attends AAMC Annual Meeting



The WUSM education team recently attended the Association of American Medical Colleges (AAMC) annual meeting in Seattle, WA. This year's theme is Learn Serve Lead. [Event Overview](#)

Good Reads

Navigating Difficult Conversations



Sandro Galea, MD, MPH, DrPH, an epidemiologist, author, and dean and Robert A. Knox Professor at Boston University School of Public Health discusses the when, how, and where to have difficult conversations. [Full article.](#)

Managing Vicarious Trauma



Epidemiologist Katelyn Jetelina, MPH PhD. and Julie Kaplow, PhD, ABPP dive deep into what they've learned from and about traumatic events, who is most impacted by related media coverage, and what we can do as individuals to lessen the blow. [Full article.](#)

Publications



To view recent education publications, visit the Office of Education [website.](#)

Feedback



Feedback?! Please take a couple of minutes to complete the following [survey to help us improve the newsletter.](#)

To subscribe and receive the *EdUpdate*, click [here](#).

Copyright © 2022 Washington University in St. Louis, All rights reserved.

All rights reserved.

[EdUpdate Newsletter Archive](#)

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#).